

Family and Consumer Sciences

Springboro High School

Family & Consumer Science course selections provide students with opportunities to develop a variety of essential skills necessary for success in today's changing world. FCS course selections are designed to reflect career focused education, 21st century employability skills and are designed to integrate key STEM skills throughout the curriculum .



College & Career Connections

Grade 9,10,11,12. Prerequisite None, Credit ½ length Semester Program Type: Elective:online (web based)

College & Career Connections is designed to guide students through the decision making process of their post secondary options. What career is the perfect fit for your aptitude and abilities? How do your personal values and goals mesh with your career plan? With so many career possibilities, how do you make a decision, what career path do you follow? How do you get there from here? Students will expand their knowledge on; career clusters, career planning, SMART goal setting, the impact of technology on society, digital citizenship, communication, relationship smarts, leadership, workplace issues and professional business etiquette. A myriad of interactive activities will be utilized during the semester to help students expand their knowledge on the values and resources that influence personal and career growth as students manage the transition to their post-secondary goals.



Food & Nutrition 6203

Grade 9, 10, 11, 12. Prerequisite None, Credit 1/2 Length: Semester Program Type: Elective

Foods & Nutrition is designed to expand student's knowledge base concerning their daily food choices. Students will participate in simulation driven lab opportunities throughout the semester. A person will consume about 70,000 meals and 60 tons of food in their lifetime. Do our daily food choices influence long-term health? Is a high protein diet infallible? Do carbohydrates in our diets cause health problems? This course will help students sort through these issues as they are introduced to the science of food and nutrition. Students will learn how they can utilize food and nutrition to help them perform their best in daily life as well as practical analysis of the current trends in food and nutrition. They will apply the knowledge and skills learned in class to implement safe food habits in authentic lab situations.



Global Foods

Grade 11, 12. Prerequisite None, Credit 1/2 Length: Semester Program Type: Elective

Global Foods is designed to expand students knowledge about the culture of food. Students will participate in simulated lab opportunities throughout the semester. Topics include the ingredients, diets, nutritional contributions, preparation techniques, and lifestyles across the globe. This course provides a critical perspective on our global food system; food logistics, from farm to table, and world food issues related to safety, technology and consumer choices. Nutritional content of various foods will also be evaluated in order to gain a greater understanding of how to achieve a healthy lifestyle in our multicultural society. Students will experience a taste of the world in 90 days by preparing regional and international food products and beverages in authentic lab situations



Textiles & Design

Grade 10,11,12. Prerequisite: None, Credit ½ Length: Semester Program Type: Elective

Have you ever wondered how sweat fighting athletic gear works? How fashion trends become street style or why a chemical company created a fabric? Textiles & Design is a course in which students will study the latest technological advances in fibers, analyze the production processes and techniques in textiles and learn about fashion design and merchandising, . Emphasis will be placed on the various career opportunities available in the field of textiles. Textile careers have the potential to transform human habitats, transportation, protect the environment and support personal health and well being. Students will be required to repurpose an item and devise a marketing plan for that item as a final exam project.